PARMA

CITY GUIDE

Region Emilia Romagna
Population 176,778

Area 260.00 sq. km

Time Zone Climate Currency Central European (UTC +1) Continental Euro

TOP THINGS TO SEE

Recently nominated creative city for gastronomy by UNESCO, Parma is known for its typical dishes, but there's much more to do. Here's my selection of the top things to see in Parma

Palazzo della Pilotta

Several buildings are included in La Pilotta complex and include the seats of the Palatine Library, two museums, an Art Institute and the National Gallery of Parma.

Cathedral of Parma

The most important Church of the city is proud of its stunning decorated interiors: its high and masterly painted ceiling supported by many side chapels.

St. Maria della Steccata

This Church is a little jewel. Shaped as a Greek cross, it is perfectly symmetrical. The richly decorated interiors and the painted dome leave the visitors speechless.

San Giovanni Old Pharmacy

A fascinating and suggestive place where you can admire the ancient instruments used by the monks for the creation of remedies and the process of healing herbs.

Teatro Farnese

A small but fascinating theater, rich in decorations and full of golden and red details. The visit is possible in group guided tours, every hour and half hour.

Baptistery of Parma

Next to the Cathedral, the Baptistery is a masterpiece of art and architecture. Its octagonal shape symbolizes Eternity and is made of pink marble of Verona.

Monastery of St. Paul

This former Benedictine Monastery is famous for the Chamber of the Abbess or Chamber of St. Paul, painted by Correggio, an important Italian artist who made its wonderful frescoes.

Parco Ducale

Inspired by the gardens of Versailles, the park dates its origins back to 1560, but the actual is its eighteenthcentury aspect. It is decorated by several statues and a fountain and it was the garden of Palazzo Ducale.

INTERESTING FACTS & AROUND PARMA

Parma is also linked to music, as Verdi were born in the near village of Bussetto and Arturo Toscanini, the famous orchestra director, in Parma.



Parma and the areas around are known for the culinary culture: Prosciutto, Parmigiano, Culatello and Tortellini are only few of their typical dishes.





In Parma you can also visit the Castle of Puppets. On display the history of puppets and marionettes born thanks to the Ferrari family, who were puppeteers masters in 1800.



The newspaper of the city, La Gazzetta di Parma, is the Italian most ancient newspaper, founded in 1735.